

Brevard County

Looking for a place to find Support with your
Mental Illness?
Depression, Bipolar, Schizophrenia, BPD, Panic Disorders,
Anxiety, PTSD and many others...

**Free to
Attend**

NAMI Connection Recovery Support Group

NAMI Connection is a recovery support group program that offers respect, understanding, encouragement, and hope. NAMI Connection groups are for peers with Mental Illness:

- ◆ *Free and confidential*
- ◆ *Held weekly for 90 minutes*
- ◆ *Designed to connect, encourage, and support participants using a structured support group model*
- ◆ *Led by trained facilitators living in recovery themselves*



Tuesday's, from 6:00-7:30 pm

**Weekly NAMI Connection for
Recovery Support Group Program for Peers**

via Zoom

(OCT/NOV) ID 814 1341 6162 PASSCODE 083458

(DEC 7th– onward) ID 464 710 7237 PASSCODE 456654

Contact: 321-345-6365

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